

# OCTOBER 2022 BANNER SCHOOL CHILD NUTRITION

## BREAKFAST



**School Information:** Banner School  
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**Cinnamon Roll Day is October 4.** Start your day in a fun way with a cinnamon roll. Don't forget to add a glass of milk and a side of fruit to complete your meal!



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

Biscuit & Pork **3**  
Sausage Gravy, Plain  
Gravy or Biscuit & Jelly,  
Fruit, Juice & Choice of Milk

**Cinnamon Roll Day** **4**  
Cinni-minis, Fruit,  
Juice and Choice of Milk

Turkey Sausage **5**  
Pancake on a Stick,  
Fruit, Juice and Choice of  
Milk

Apple Frudel **6**  
w/Cinnamon Glaze,  
Fruit, Juice and Choice of  
Milk

Trix Breakfast Bar or **7**  
Cereal Choice, Fruit,  
Juice and Choice of Milk

Biscuit, Turkey **10**  
Sausage Patty, Fruit, Juice  
and Choice of Milk

Cinnamon Roll, **11**  
Pork Sausage Links,  
Fruit, Juice and Choice of  
Milk

Emoji Waffle **12**  
Sandwich with  
Turkey Sausage Patty,  
Egg & Cheese, Fruit Juice  
and Milk

**FALL BREAK - NO** **13**  
**SCHOOL**

**FALL BREAK - NO** **14**  
**SCHOOL**

**FALL BREAK - NO** **17**  
**SCHOOL**

Breakfast Burrito, **18**  
Choice of Fruit, Juice  
and Milk

Dutch Waffle, Syrup, **19**  
Fruit, Juice and  
Choice of Milk

Apple Frudel **20**  
w/Cinnamon Glaze,  
Fruit, Juice and Choice of  
Milk

Trix Breakfast Bar or **21**  
Cereal Choice, Fruit,  
Juice and Choice of Milk

Biscuit, Turkey **24**  
Sausage Patty, Fruit,  
Juice and Choice of Milk

Cinnamon Roll, **25**  
Pork Sausage Links, Fruit,  
Juice and Choice of Milk

French Toast Sticks, **26**  
Syrup, Fruit, Juice and  
Choice of Milk

Turkey Sausage **27**  
Breakfast Pizza,  
Choice of Fruit, Juice and  
Milk

**National Chocolate Day** **28**  
Trix Breakfast Bar or **COCO**  
**PUFFS**, Fruit, Juice and  
Choice of Milk

**Halloween - NO** **31**  
**SCHOOL** \*Although  
we make every effort to adhere  
to the menu, we are still  
experiencing supply chain issues

Adult Breakfast- \$3.00  
Adult Lunch - \$6.00



This institution is an equal  
opportunity provider.

Student Breakfast - \$1.90  
Student Lunch - \$3.10